

Healthy Families - Current State

Prompts:

- How would you describe the challenge?
- What does healthy families mean to you? To us as a community?
- What experiences in your life, your work, or your family inform what you believe about healthy families?
- What makes leadership difficult on this issue? Is there a level of conflict among the stakeholders?
- What is your understanding of the current state of healthy families?
- How is the lack of healthy families affecting our community?

Charted Responses:

- Relational health extends to community
- Families are base to communities
 - Projects out
- Safe, nurtured, learn in relationships where you are loved
- High cost – distrust, addiction, decreased results at school
- Meals together – less addiction, lower crime
- Quality of life, longevity, time together
- Stress causing health issues
- Financial stress
- Affordable health care and accessibility
- Lack of funding
- Communication challenges
- Varying priorities
- Pride
- Transportation issues – accessing resources
- Conflict due to internal focus
- Changing leaders have different focus
- Knowledge of resources
- Connectivity/access
- Needs vary
- Resources vary
- Affordability
- No sense of responsibility
- Poverty and access to resources
- Includes senior population
- Misconception that there are no problems
- Lack of affordability of resources
- Increase in criminality and government assistance
 - No second chances in Hendricks County
- Family unit has changed—could be beyond traditional
- Family whole at home will project out into the community
- Communication is a problem
- 2 sets of standards for families
 - Those that have needs
 - Those that don't
- Need to define where problems lie
- Obesity, addiction, mental health, abuse
- Disconnect between mental AND physical health
 - Missing mental health
- Personal – communication and mindfulness of each other
- Healthy families = strong support system
- Effect – met mental health needs, etc.
- Safety, physical/mental/spiritual health, mental acuity, self-advocacy, hope for future, financial stability
 - Lack of above/inverse if not working well
- Source of stability and support
- Building block that leads to healthy community/world

The Challenge: How can we work together to create and support healthy families in Hendricks County?

- Supportive people; should have access to media, transportation, community to engage in
- Family is a safe place – find identity; thrive not survive
- Trauma leads to crisis of family units so no time to engage in community
- Safe, affordable housing, job security, access to mental health, environmental health, HC, food
- Crime and drain resources
 - More difficult for proactive programs
- Families are like teams – support each other
- Families look different – invested in each other

Addressing the Needs: A Conversation on Healthy Families
January 8 and 9, 2020

- Untreated concern – ripples out into community – continue to treat rather than prevent
- Group of people surviving; thriving together
- Drain resources – when not thriving
- Safety, opportunity, shelter, financial stability
- Impact on schools; increased health services
- Proactive so don't wait until chronic
- Need to help w/ transportation
 - Web that's all connected
- Safety, informed access to resources, welcomeness, sustainable income
- Lack – effected growing services

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Healthy Families - Default Future

Prompts:

- If nothing is done about the lack of healthy families, what does our community look like?
- When you think about the future impact of this issue, what concerns you the most?
- What are the consequences of that future?

Charted Responses:

- Economic decline
- Lack of diversity
- Diminish trust
- Lack of new ideas – not willing to change
- Population decline
- More chronic disease/poor health
- Lack of opportunity
- Nepotism
- High healthcare costs
- Education standards decline
- Stagnate
- Lack of opportunity
- Haves v. have nots
- Our nepotism will make Hendricks County a stagnate community where lack of opportunity creates a bigger gap between the haves and have nots.
- There is no community
- K-12 Education fails
- Economic development for the sake of community development
- More crimes
- Non-engaged citizens
- There is no future
- Fractured
- Stressed
- Decrease in community of choice
- Increase in crime
- Increase in homelessness
- Decrease in resources
- Lost opportunities
- Cycle of unhealthiness
- Rise in mental health issues/drug abuse/alcohol abuse
- Rise in crime
- Families will move
- Safety issues
- Greater need for programs
 - Not enough funding for programs
- Homelessness
- More children in need of services
- Burden of healthcare
- Lack of leaders in the future
 - Due to mentorship
- Fragmented families
- Decrease in education
- Increase in crime
- Decreased responsibility
- Decrease in respect
- Hope is diminished
- Authority misplaced
- Lack of realizing potential
- Cycle continues to grow—problem gets bigger
- Community unity deteriorates further
- Quality flees
- We do impact one another
- Depressing
- Who will care for the “sick”
 - Who pays
 - Where will they stay
- Increased mental health problems, addiction, crime, social isolation
- Degrade quality of community wellness

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Addressing the Needs: A Conversation on Healthy Families
 January 8 and 9, 2020

- Migrate out – less resources
- Mortality rate increases
- Increased debt
- Poor quality of life
- Next generation leaves
- Impact on workforce
- Negative impact on education
- Increase in crime
- Population decline
- Impact on tax base
- Spiral of negative outcomes
- Splintered/fractured families = fractured community
- Healthcare costs increase
- Crime increases – community/school
- Hopelessness
- Loss of opportunities
- Security/safety decreases
- Poor health (Adverse Childhood Experiences)
- Poverty increases
- Mental health decline/recovery
- Tax on current services – police/legal
- Reduction in quality workers
- Decreased productivity
- Increased crime
- Increased addiction
- Burden on resources
 - Hospitals
 - Employment
 - Schools
 - Law enforcement
 - Social services
- Divided communities
- Continued decline of community
- Increased suicide, substance abuse, etc. violence
- Decrease in quality of life
- Decrease in life expectancy
- Increase in healthcare costs
- Loss of security
- Lose hope
- People leaving Hendricks County
- Decrease of schools – teachers would have more challenges as youth focus on other issues
- Resources get “over tapped”
- Economic decline
- Decreased involvement
- Increased crime – more demands on government
- Unhealthy kids become unhealthy adults (physical and mental)
- Needs overwhelm resources (financial, social services, government)
- Future impact to school corporations
- Decline in all aspects of community and health
- Diminished quality of life; less supportive environment
- Generational cycle
- Addiction continues to be a problem
- Financial drain on communities and families
- Displaced children
- Complete lack of long-term planning
- Continuing cycle/spiral of unwellness
- Increases the financial burden on the community
- People less willing to help others
- Increased negative consequences
- Redefinition of healthiness
- Create a cycle that intensifies the root symptoms each generation
- Decreases value in morals and education
- Increase of crime – drain on law enforcement

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Addressing the Needs: A Conversation on Healthy Families
 January 8 and 9, 2020

- Decrease in property and community value (impoverished community)
- Lack of life skills
- Mental health and homelessness
- Loss of population of community
- Generational trauma
- Lack of education
- Baseline of a healthy family changes
- Resources that only address the immediate need
- Mental health issues increase
- Increased poverty, crime, addiction, higher healthcare cost, school decline, exodus from county in business and people
- Poverty becomes generational—sooo hard to get out of
- 21% of households in Hendricks County are 1 crisis away from poverty
- Urban desert, crime, deteriorating infrastructure and all associated with it
- Spiral down
- Traumatized kids and adults
 - And the emotional, mental and behavioral symptoms of that
- Continues to increase people who choose to go without—often caused by lack of resources and understanding
- Erodes trust in, respect for authority and leaves people feeling they account to no one
- Lack of understanding priority of education
- The strength of our community hinges on the strength of our families—direct correlation
- Consequences – culture erodes
- People grow up without hope, become satisfied with sub-standard, “good enough”
- Lack of sympathy
- Disintegration of family and community
- Lack of safety
- Increase crime and addiction
- Loss of resources/income – eventually
- Self-centered/self-serving community
- Lack of community pride
- Potential exodus of people and businesses
- Less economic stability
- Increase chaos
- Increase pressure on public resources
- Increase in crime
- Focus turns inward as a community/can’t help others if you are struggling yourself
- Primary concern for children and future generations
- Community growth and prosperity stalled due to focus on providing basic needs
- Homes going into foreclosure and vacant homes and subdivisions
- Impact on schools. Instead of teaching kids teachers will be focused on social welfare
- Businesses will suffer with distracted/absent employees from unhealthy home lives
- Downward economic spiral
- We become less safe
- Increased poverty
- Increased mental health and emotional health
- Increased isolation – particularly elderly

The Challenge: How can we work together to create and support healthy families in Hendricks County?

- Increased lack of life skills
- Increased crime
- Increased trauma
- Dangerous
- Strain on resources

Addressing the Needs: A Conversation on Healthy Families

January 8 and 9, 2020

- Kids suffer
- Generational cycle
- Economic development
(employment, attractiveness to
outside County/Ind.)

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Healthy Families - Outcomes

Prompt:

- What outcomes do you expect the collective work to create?
- If we do this job well, what do you expect to see?

Charted Responses:

- Safer, healthier, happier community
- Provides a welcoming and thriving community to stay and live in
- Better quality of life
- Health resources can be directed elsewhere
- Economic uptick
 - Creates a domino effect on resources throughout the community
- Brings in people who look, think and contribute in ways that are different than me!
- Creates a safe and strong environment for INNOVATION
- Targeted actions that create support for specific resources. Less “waste” because there is more collaboration.
 - Value added programs – better funding in larger pools to impact more people
- Documented healthier families w/ lower health issues reported and less crime
- Smoother PIVOTING
 - Groups are better equipped to evolve due to community demand
- Better workforce
- Stronger community
- Healthier/happier community
- More inclusive community
- Thriving community
- #1
- Sense of wellbeing
- Create a “hub” to deliver resources to families
- Funding of social services care coordinator
- Children’s Bureau “Community Partners”
- Positive ripple effects – builds on improvement
- Identifying what “healthy” means to create happier, healthier communities becomes “community unity”
- Inclusion
- Healthy families
- Increased opportunities for community growth and development
- Decreased crime
- Diversity in leadership
- Increased leadership collaboration
- Increased community pride and talent retention
- Increased productivity
- Increased resources
- Increased engagement
- Increased innovation
- Healthier, happier, more unified community
- Decrease in crime, substance abuse, issues, suicide
- Increased economic development
- Increased knowledge, resources
- Increased engagement in community and programs
- More people moving to Hendricks County – growing community
- Increased community pride
- Better schools, more opportunities

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Addressing the Needs: A Conversation on Healthy Families
 January 8 and 9, 2020

- Decrease or stable health care costs
- More caring community, increased hope
- Increased trust, support
- Increased safety
- Increased life expectancy and quality of life
- Decreased:
 - Community ills
 - Drug abuse
 - Mental health issues
 - Obesity
 - Crime
- Improvement:
 - Solid family relationships
 - Mental health
 - Communication of available resources and programs
 - Economic opportunities
 - Community involvement
- Desirable community to live in
- Flourishing economic and quality of life
- Reduced need for social and health services
- Well-educated populace
- Strengthened community unity
- Awareness
- Access
- Utilization
- Gallup Well-Being Index
- Better quality of life
- Decline in addictions and chronic diseases
- Stronger community and workforce
- Better schools
- Safer – less crime
- Less strain on social services and less demand for public resources
- Focus on prevention instead of treatment
- Stronger economy – more jobs, people don't leave
- Reversal of dysfunction
- Healthy families create healthy communities
 - Social
 - Spiritual
 - Financial
 - Education
- Higher collaboration; wholeness greater than sum of parts
- Safe families, safe community concern, care for others families connected/open door
- New ways for family to thrive
- Well-adjusted youth
- Healthy and productive workforce
- More supportive community
- Cost relief for government programs
- Thriving children = thriving future
- Crowded health facilities/exercise
- High performing schools
- Declining poverty
- Declining chronic and acute health problems
- Less addiction
- Access to mental health services
- Access to affordable health services
- Families that are physically, mentally stable
- Decrease in resources needed
- Productive, contributing citizens
- Schools are able to focus on education
- More affordable/available services
 - Housing
 - Public transit
 - Childcare
 - Mental health services
- Less traumatized kids and crises overall
 - Better health outcomes
- More engagement by parents and adult volunteers
 - Schools
 - Nonprofits
 - Community events

The Challenge: How can we work together to create and support healthy families in Hendricks County?

Addressing the Needs: A Conversation on Healthy Families
 January 8 and 9, 2020

- Utilization of available resources (like parks)
- Hope is abundant
- Increased safe and affordable housing in the county
- Prosperity instead of poverty
- Clean air and water
- Strong support system
- Welcoming community
- Better education
- Broaden access to resources
- Healthier, happier families
- Overall community sustainability
- Stronger community that is attractive to others
- Decrease in crime/poverty/addiction, etc
- Overall increase in all areas of health
- Having a diverse group of individuals with common goals
- Meeting people where they are and walking with them where they want to go.
- To have a community that can adapt and evolve with changes in our community
- Leadership to evolve with the community
- Pursuing dreams and hopes
- Less surviving – more thriving
- More giving back
- Involvement in the community
- Less demand/need for intervention services
- More positive community relationships (law enforcement)
- Decrease in crime, child abuse, addictions, etc.
- Happier people
- Entrepreneurship
- Less strain on resources (law, town, etc.)
- Vibrant and attractive community
- More engagement
- Unified and accessible resources that are communicated widely
- Some resources no longer needed (DCS, SW) allowing other focuses
- Teachers focused on teaching
- Less reactive treatment/help needed
- Increased productivity
- More intentional/efficient use of resources and funding
- Less redundancy in organizations and municipalities
- Less isolation
- Happier families
- Reduced crime
- Better education
- Higher civic engagement
- Reunited families and less disruption of families
- Less Adverse Childhood Experiences
- Good, not good enough
- We could be the example community to lead others to healthy families and communities
- Families increase their quality of life
- Attract economic growth
- Property values increase
- Crime decreases – safer communities
- Increase community engagement
- Policy changes
- New business ventures
- Infrastructure changes
- Better education
- Intergenerational program creation/support
- Cleaner communities

The Challenge: How can we work together to create and support healthy families in Hendricks County?